

Uncompromising in quality and technology, Exclusive in design.

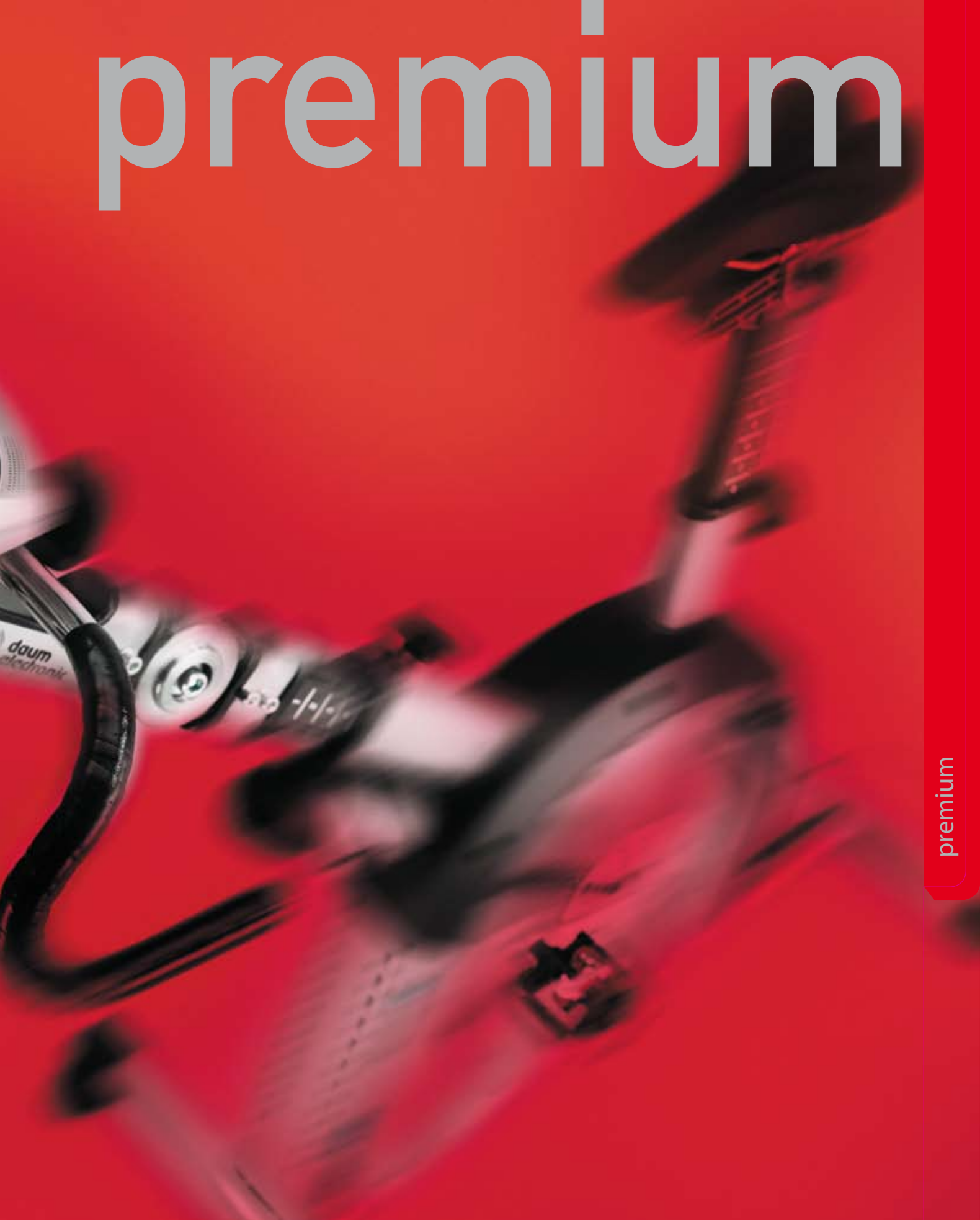
Experience individually fitness and health and analyse them precisely.

premium means first class training feeling.

- ergo\_bike premium8
- ergo\_bike premium8i
- ergo\_bike premium8s
- ergo\_row premium8
- ergo\_lyps premium88
- ergo\_run premium8 / premium\_a24



# premium



daum  
electronic

premium

# premium Cockpit



## A Unique Technical Design, functional, ergonomic.

Nothing is left to distract you from your goal, the fun and satisfaction of biking and running. A big flat colour screen displays information about the selected training parameters. More than a hundred training sequences developed by scientists guarantee optimal training results. Video and sound animations matching the training sequences can be played back with the SD memory card. The system supports the MP3 format. A global no-worries package of the highest quality.

The functions in overview:

- Integrated SD memory card reader
- Coaching with personal evaluation
- More than 100 training programs integrated as standard, with watt, heart rate, RPM, distance and strength control
- All available programs can be interconnected
- Heart rate interval training
- Relax function
- Custom training programs development
- Internet training supervision and control
- Group training with the possibility of central supervision
- Racing mode over Internet or a network
- Display of the heart rate variability
- Fitness evaluation
- Personal setting of training limits to avoid overloading
- Visualisation of training progress (comparing a current training with an earlier one)
- Records, evaluates and displays training data, which are saved to the card
- SD memory card included
- Integrated 32 bits processor with 64MB of RAM
- USB capability for future applications
- Software updates using the card
- RS 422 Interface
- 5.7 inches illuminated colour screen
- MP3 playback of your personal soundtracks saved to the memory card
- Stereo playback over internal loudspeakers, headphones or external speakers
- Bluetooth (optional)
- Studio mode
- Clearly configured menu system with windowing technology
- Integrated help system with keywords index
- Protection of individual menu areas with a PIN code
- Integrated performance measurement on bike ergometers
- Acoustic and visual training support
- Multilanguage user guide
- Guest mode

# TEST WINNER





## ergo\_bike premium8

Train at the beat of time and in perfect shape

This global design project provides a display of technical competence. Mastery of every aspect. Operating characteristics are not only convincing, they are addictive. Clever training sequences guarantee optimal training results.



ergo\_bike premium8  
colour: silver grey  
Order No.: 9190782

ergo\_bike premium8  
colour: silver / red  
Order No.: 9190784





## ergo\_bike premium8i

The racing machine with an "i" cap on design and power

Running an 8i is a very particular fitness discipline. The electronically controlled 1000 Watt power unit comes to life as soon as you settle behind the handlebars.

If your heart starts racing then, that is a consequence of your commitment and of the technology you are experiencing.



ergo\_bike premium8i  
colour: silver grey  
Order No.: 9190282

ergo\_bike premium8i  
colour: silver / red  
Order No.: 9190284

Optional accessories:  
Triathlon handlebars  
Order No.: 9091060



Product design subject to change without notice.



## ergo\_bike premium8s

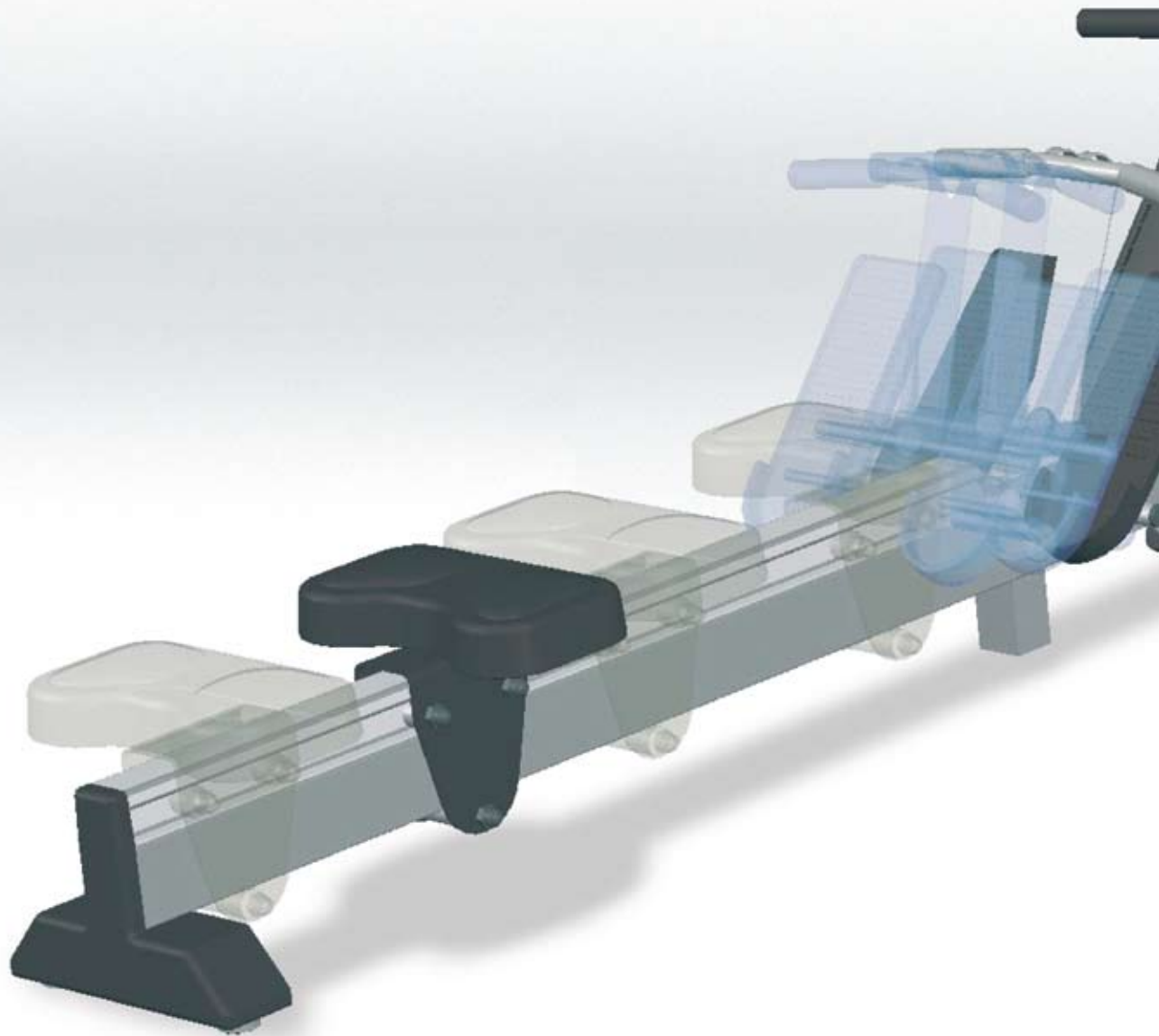
Comfortable training in a sitting position

A sitting ergometer combines the ideal features of a bike ergometer with training positions that are safe for the joints of the user. Relieving the load on the spine makes it possible for persons with back problems to perform endurance training. The sitting position guarantees a purposeful and relaxed training with the ergometer.

ergo\_bike premium8s  
Colour: silver-grey  
Order No.: 9390782

ergo\_bike premium8s  
Colour: silver / red  
Order No.: 9390784

Availability: estimated 1st quarter of 2008.



Product design subject to change without notice.



## ergo\_row premium8

Rowing for a persistent and global therapy result

Rowing ergometers are first class devices for the development of arm, legs, shoulder and back muscles. These muscles can be trained purposefully and gently through the perceived motion sequences of the rowing movements. The traction forces transmitted by the rope help achieve a controlled muscular development and contribute to make the rowing ergometer an optimal part of a global fitness training.

ergo\_row premium8  
Colour: silver-grey  
Order No.: 9480100

ergo\_row premium8  
Colour: silver / red  
Order No.: 9480104

Availability: estimated 1st quarter of 2008



## ergo\_lyps premium88

Ergonomically optimal whole body training

Passion was the drive behind developing this training device, with a technology striking with system precision, user friendliness, and quality. Assembled into a sporty, functional, and ergonomic design, clearly showing what the user can achieve with this device: strength and dynamic.



ergo\_lyps premium88  
Colour: silver-grey  
Order No.: 9150382

ergo\_lyps premium88  
Colour: silver / red  
Order No.: 9150384



## ergo\_run premium8

Get running at a professional level

Get seriously on the run. Sportingly committed or lightly relaxed, that's your decision. Experience a convincing power, yet easy to use and savour the extended feelings spectrum, from sporty walking to dynamic running. You can fully rely on the perfection that is typical of daum electronic. Powerful dynamics, reliable technology packed in a fascinating design.

## ergo\_run premium\_a24

The inclination range of 0 to 24% satisfies the highest expectations, including that of the most ambitious athletes.



ergo\_run premium8  
Colour: silver-grey  
Order No.: 9070100

ergo\_run premium8  
Colour: silver / red  
Order No.: 9070104

ergo\_run premium\_a24  
Colour: silver-grey  
Order No.: 9070200

ergo\_run premium\_a24  
Colour: silver / red  
Order No.: 9070204